



Kitsap CERT Quarterly is the official quarterly newsletter of the Kitsap County Community Emergency Response Team.

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From the Program Manager

Hello county CERT volunteers! I hope that everyone weathered the snow and ice well, and with any luck, we will have no more storm events this winter. I am glad to say that we have not had very much to do with storm response this winter here at DEM, and that is always a good thing.

Once again, we have been very busy continuing to develop the CERT program. At the end of 2016, we outlined objectives for the program that we will be working on in 2017. Among them are developing a communications plan, scheduling trainings and events, and updating all of our procedures and booklets. These processes have begun,

and we will be bringing you updates as we accomplish our goals throughout the year. Stay tuned!

I am very pleased to say that we will be offering two CERT basic trainings this spring. Both of the courses are available now for registration on the DEM website. The first class will be on Bainbridge Island for island residents, and the second class will be held in Poulsbo. We have very few CERT members from the north end of the county. We understand that DEM is a bit of a drive from the north end, so we are offering this spring class in a location that will be much more convenient for Poulsbo and beyond. The class is not limited to residents of the north end, so if you know folks who would like to sign up, they are welcome to register.

We are still looking for volunteers to be the Regional Coordinators for the north end of the county. The roles and responsibilities of the Regional Coordinators have evolved a little, so please give me a call if you are interested. It is not a big commitment of your time.



*Jason McMillan
KCDEM Operations Coordinator
CERT Program Manager*

In other news, some of Bainbridge Island's CERT volunteers took part in the island's mass casualty incident drill last month. The drill scenario was a mass shooting inside of a church, where CERT members played some of the victims for the first responders. You can watch the video from the news story [here](#).

As always, thank you very much for your continued support and your participation in the Kitsap County CERT program. This is a new year with new opportunities, and I hope to see all of you at our trainings and exercises!

Need more
preparedness tips?

Please visit
www.ready.gov
for more information.



Ready.

Prepare. Plan. Stay Informed.



Kitsap County Department of Emergency Management

Department of Emergency Management

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HANDY INFORMATION

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<http://www.kitsapdem.org>

Kitsap County CERT web address:

<http://www.kitsapdem.org/kitsapcert.aspx>

Kitsap County DEM class registration:

<http://www.kitsapdem.org/classes.aspx>

Official Facebook Pages:



CERT <https://www.facebook.com/KitsapCERT/>
KCDEM <https://www.facebook.com/KCDEM>

Frequently Asked Questions

How does CERT get activated and/or mobilized?

The Kitsap County CERT Team can be activated or mobilized for “events” (things that are planned and have anticipated needs), or “incidents” (things that spontaneously happen, or are predictable but needs cannot be wholly anticipated). Events may be parades or other large, organized events. Incidents may be winter storms, natural disasters, or manmade disasters.

CERT members will be recruited for event mobilization via email.

CERT members will be activated for incidents by all available means, including email, text message, and autodial service. CERT members may also be activated through regional coordinators.

Where can I find information about refresher courses and additional training?

Training opportunities will be announced using email, the quarterly newsletter, and will be listed on the CERT web calendar at <http://www.kitsapdem.org/cert-calendar.aspx>. The most current class offerings will be on the web calendar. Many classes will require registration, but some will not. For the classes that require registration, visit <http://www.kitsapdem.org/classes.aspx> to sign up.

Who do I contact if I have a question or ideas for training?

You may either contact the CERT Program Manager, or contact your regional coordinator (see “Regional Coordinators Map” for more information).

How can I update my information?

Contact the CERT Program Manager or your regional coordinator.

REGIONAL COORDINATORS MAP

CENTRAL KITSAP



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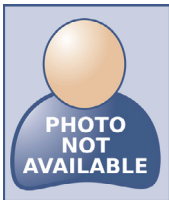


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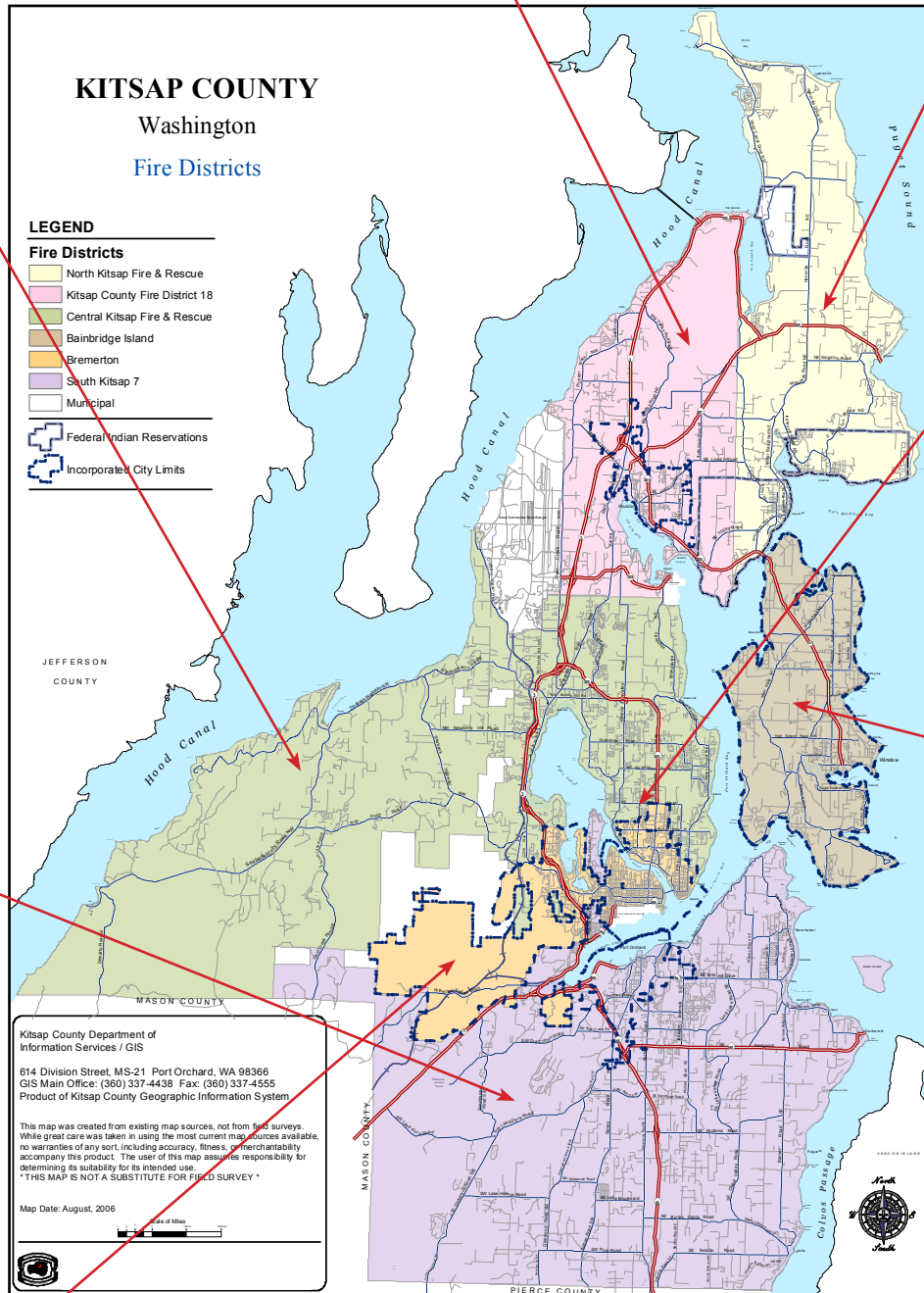
BAINBRIDGE ISLAND



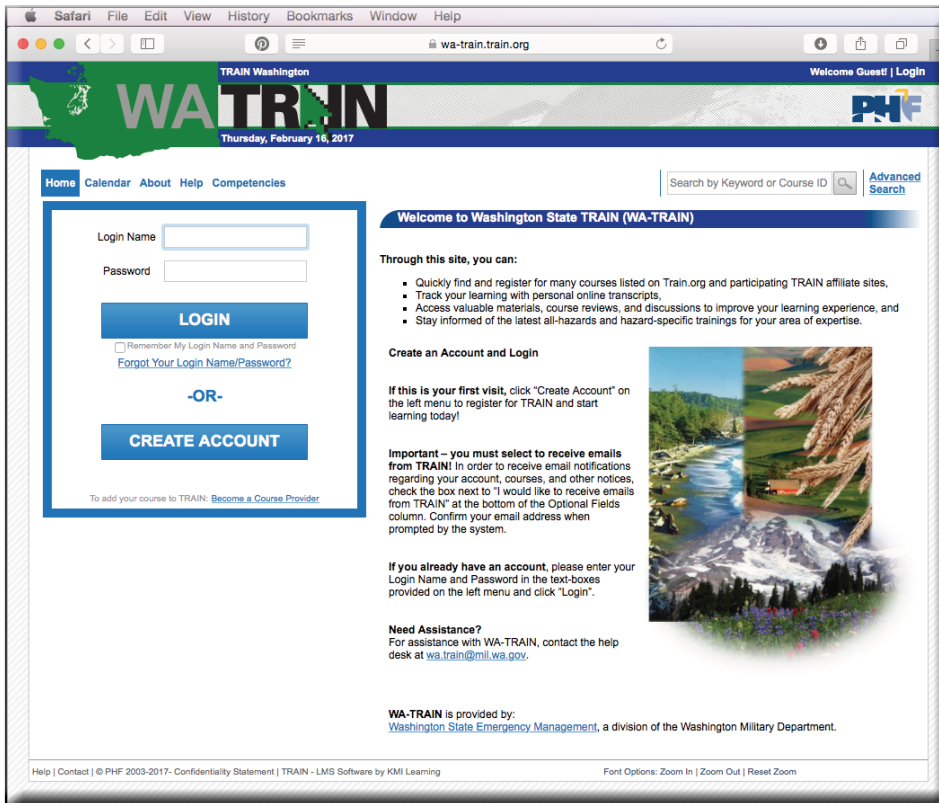
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WHAT'S HAPPENING



need to create an account to register for classes, but you can click on the “calendar” tab to see courses offered by the month. You can also enter “CERT” in the search box on the calendar page to find CERT classes specifically.

Your registration will need approval by the Kitsap County Department of Emergency Management as the sponsoring agency. After you register on the WA-Train website, just follow the registration instructions, which will include an electronic request for a recommendation from KCDEM.

The next Train the Trainer classes will be held in March in Thurston County. Unfortunately, Train the Trainer classes are usually only offered once a year. If you must miss this upcoming opportunity, please keep checking the WA Train website periodically. You are also welcome to come and sit in on future CERT basic trainings to keep your knowledge current until you can complete Train the Trainer.

Have you ever wondered how to become a CERT instructor? There are two answers to that question. The first answer is that you must verifiably be a subject matter expert (SME) on the module that you would like to teach. SME's are eligible to teach CERT classes as long as the program manager is present for the class. The second answer is that you

must attend and complete the CERT Train the Trainer program. When you complete the course, you will receive a certificate and be eligible to join our team of Kitsap County CERT instructors.

You can find CERT Train the Trainer classes on the state training website at www.wa-train.train.org. You will

**Be
prepared.**

Community.

Custom CERT Gear

by Ken Hulet
360-895-2581

Embroidered ball caps, long and short sleeve polo shirts, and watch caps. Personalization available. Please contact for pricing and details.

These products are not uniform items, nor does KCDEM endorse any product or business.

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CALENDAR OF EVENTS AND CLASSES

February

- 14 5:30pm - 7:00pm CERT Regional Coordinators Meeting**
911 Carver St, Bremerton, WA 98312
Quarterly meeting of the Kitsap CERT steering committee. This meeting is open to all CERT members to attend. You must register with Jason McMillan at jmcmillan@co.kitsap.wa.us if you plan on attending.

- 6 6:00pm - 9:00pm Bainbridge Island CERT Course**
Bainbridge Island City Hall
280 Madison Ave N, Bainbridge Island, WA 98110
Unit 1 & 6 - CERT Intro, Disaster Prep & CERT Organization
- 7 6:00pm - 8:30pm CERT Refresher Training - Local Hazards and Impacts and the Role of CERT's**
Kitsap County Department of Emergency Management, 911 Carver St, Bremerton, WA 98312
This session will focus on Kitsap County hazards and the impacts from those hazards. We will talk about the actual roles of CERT members in their neighborhoods, possible duration of events and CERT's role in their neighborhood recovery efforts. This training is open to all CERT members and is not a training specifically focused on IRT activities.

April

- 8 9:00am - 3:00pm Bainbridge Island CERT Course**
Bainbridge Island Fire Station 23
12985 Phelps Rd NE, Bainbridge Island, WA 98110
Unit 5 - Search & Rescue
- 10 6:00pm - 9:00pm Bainbridge Island CERT Course**
Bainbridge Island City Hall
280 Madison Ave N, Bainbridge Island, WA 98110
Review & Exam
- 15 9:00am - 12:00pm Bainbridge Island CERT Course**
Bainbridge Island Fire Station 23
12985 Phelps Rd NE, Bainbridge Island, WA 98110
Final Drill
- 25 6:00pm - 9:00pm CERT IRT Training - Firefighter Rehab**
Kitsap County Department of Emergency Management, 911 Carver St, Bremerton, WA 98312
This class trains CERT members to safely set up and perform the non-medical functions of firefighter rehabilitation. CERT members will learn: 1) the definition of and need for firefighter rehab; 2) the physiological threats to firefighters; 3) an overview of what happens at the scene of a fire; and, 4) how CERT members set up and what they do in the rehab area.

March

- 13 6:00pm - 9:00pm Bainbridge Island CERT Course**
Bainbridge Island Fire Station 23
12985 Phelps Rd NE, Bainbridge Island, WA 98110
Unit 2 - Fire & Utilities
- 18 9:00am - 3:00pm Bainbridge Island CERT Course**
Bainbridge Island Fire Station 23
12985 Phelps Rd NE, Bainbridge Island, WA 98110
Unit 3 & 4 - Disaster Medical Operations
- 27 6:00pm - 9:00pm Bainbridge Island CERT Course**
Bainbridge Island City Hall
280 Madison Ave N, Bainbridge Island, WA 98110
Units 7 & 8 - Disaster Psychology, Terrorism

COMMUNITY EMERGENCY
RESPONSE TEAM

REFRESH YOUR MEMORY

Disaster Triage

In mass casualty events, medical personnel:

- Identify the dead and those who are too severely injured to be saved
- Send those with relatively minor injuries and wounds to a holding area to await treatment
- Identify those who would die from life-threatening injuries and treat them immediately

The term for this is triage — a French term meaning “to sort.” During medical triage, survivors’ conditions are evaluated and the survivors are prioritized into four categories:

- **Immediate (I)**: The survivor has life-threatening injuries (airway, bleeding, or shock) that demand immediate attention to save his or her life; rapid, lifesaving treatment is urgent. These survivors are marked with a red tag or labeled “I.”
- **Delayed (D)**: Injuries do not jeopardize the survivor’s life. The survivor may require professional care, but treatment can be delayed. These survivors are marked with a yellow tag or labeled “D.”
- **Minor (M)**: Walking wounded and generally ambulatory. These survivors are marked with a green tag or labeled “M.”
- **Dead (DEAD)**: No respiration after two attempts to open the airway. Because CPR is one-on-one care and is labor intensive, CPR is not performed when there are many more survivors than rescuers. These victims are marked with a black tag or labeled “DEAD.”

The purpose of disaster triage is to prioritize the injured for transfer to professional first responders when they are able to respond, and to stabilize injuries as much as possible under the circumstances. If you would like to watch a video to refresh your knowledge about disaster triage, you can find the CERT training video [here](#).

Handy acronyms to remember when triaging the injured:

ABC - Check **A**irway, **B**leeding, **C**irculation (shock), also known as “the three killers”.

SAMPLE - When assessing an injured person, determine:

- Symptoms (Where do you hurt? How are you feeling?)
- Allergies (Are you allergic to anything?)
- Medicines (Are you taking any medicines?)
- Prior history (Do you have any prior history of injuries, illnesses, or surgeries?)
- Last intake (When was the last time you ate or drank?)
- Events leading to the injury (How did this happen?)

DCAP-BTLS - Things to look for when conducting a head-to-toe assessment:

- Deformities
- Contusions (bruises)
- Abrasions
- Punctures
- Burns
- Tenderness
- Lacerations
- Swelling

